

# **“How To Permanently Improve Your Life!”**

## **Mastering the art of lasting personal change**

Few among life’s challenges loom as large as making lasting changes in one’s behavior. Bad habits, destructive behaviors, and character flaws resist even the strongest wills, producing guilt, depression, and anxiety. For anyone who has ever struggled to stop smoking, lose weight, become more disciplined, or change a bad habit, “Metamorphosis” promises to be one of the most memorable and helpful presentations ever!

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### ***Proven ways to make permanent changes in your behavior!***

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In this entertaining and informative blend of humor, motivation, and psychology, world-class illusionist Billy Riggs, “The Attitude Dude” explores and explains the six elements necessary to make any lasting change in your life.

***Who should attend?...***

***Executives, Managers,  
and Employees.***

### ***Attendees will learn to:***

- ◆ Immerse themselves in correct information that will slowly change their belief system.
- ◆ Appeal to a higher power for assistance in making needed changes.
- ◆ Associate with those who will affirm and encourage the desired changes in behavior.
- ◆ Devise a system of rewards and incentives to reward positive change.
- ◆ Employ the inertia of “cognitive dissonance” produced by the psyche to reinforce positive changes.
- ◆ Harness the power of “Emotionation” toward a permanently improved life.

***Your future can change...  
like magic!***

***BRE*** BILLY RIGGS  
ENTERPRISES